INTRODUCTION

The XI Hot Topics in sleep apnea syndrome is focused on the most current aspects of sleep disorders breathing. As in previous editions, its goal is the communication of knowledge in an interactive manner between speakers and professionals attending the meeting. To ensure the quality of the discussion, several speakers have been selected who will deliver their personal vision on the different aspects related to sleep apnea. After each presentation, there will be enough time to allow the participants to take part in the discussion. All sessions will be accessible online through the internet and will be interactive, allowing the possibility to ask questions to the speakers from any place in the world.

SPEAKERS

Teran Joaquin
Hospital General Pague, Burgos, ES
Series Frederic
Hospital Laval, Quebec, CAN
Rodenstein Daniel
Université Catholique de Louvain, Brussels, BEL
Parró Olga
Hospital Sagrat Cor, Barcelona, ES
Montserrat Josep Maria
Hospital Clinic, Barcelona, CAT, ES
McNicholas Walter
St. Vincent’s Univ. Hospital, Dublin, IR
Masa Juan Fernando
Hospital San Pedro de Alcantara, Cadiz, ES
Martínez Miguel Angel
Hospital Reina Sofia, Zaragoza, ES
Loaiza Luis
Stanford University, Palo Alto, EEUU
Ip Mary
Queen Mary Hospital, Hong Kong, CH
Groth Ludger
Uppsala University Hospital, Gotemburg, SUE
García Río Francisco
Hospital La Paz, Madrid, ES
Durán Joaquín
Hospital Reina Sofía, Valencia, ES
Capote Francisco
Hospital Virgen del Rosario, Seville, ES
Campus Francisco
Hospital Nuestra Señor de Valme, Seville, ES
Barceló Antonia
Hospital Joan Cornet, Palma de Mallorca, ES
Barbe Ferran
Hospital Arnau de Vilanova, Lleida, CAT, ES

ORGANISERS

Director: Dr. Ferran Barbé
Organizing Committee: Dra. Anunciación Cortijo, Dr. Josep Miguel Duran, Dra. Silvia Gómez Falguera, Dra. Mantra Lumbierres, Dr. Ricart Pifarré, Dra. Montse Pujol, Dr. Joan Ramon Rocaful, Dr. Manel Cervera, Dr. Brauli Tixier, Dr. Manel Vila
Scientific committee: Dr. David Gerné, Dr. Frederic Series, Dr. Damián Rodenstein

COLLABORATORS

• AstraZeneca
• Glaxo-SmithKline (GSK)
• Boehringer-Ingelheim
• Pfizer
• Novartis
• AlmirallProdesfarma
• Menarini
• Oxigen Salud
• Resmed
• AstraZeneca
• Tuco-Healthcare Spain
• Ergomed
• Pnea Medical
• BITMED-Sibel Group
• MSD
• FAPS GRUPO
• Diagnoscan
• Vitalaire
FRIDAY 25

SESSION I. OSAS AND HYPERTENSION
10'00-11'35 Chairman: F.Capote (5´)
Speaker: F.Campos State of the art (20´)
J.Duran New insights: CPAP as treatment for hypertension (20´)
Discussion: (50´)

SESSION II. DETERMINANTS OF SLEEPINESS
11'35-13'15 Chairman: JM.Montserrat (5´)
Speaker: A.Barceló Metabolism and sleepiness (25´)
L.Lecea Optogenetic control of sleep/wake cycle (25´)
Discussion: (45´)

SESSION III. OSAS AND STROKE
14'45-16'15 Chairman: J.M.Marin (5´)
Speaker: M.A.Martínez State of the art (20´)
O.Parra New data from the Spanish cohort (20´)
Discussion: (45´)

SESSION IV. WHEN SHOULD BE TREATED NON-SLEEPY PATIENTS?
16'45-18'15 Chairman: J.Duran (5´)
Speaker: F.Series General overview (25´)
F.Barbé Spanish cohort of non-sleepy patients (25´)
Discussion: (50´)

SESSION V. DOWNSTREAM EFFECTS OF OSAS
09'30-10'45 Chairman: F.García-Rio (5´)
Speaker: W.McNicholas Signaling pathways during intermittent hypoxia (20´)
M.Ip Oxidative stress and systemic inflammation (20´)
Discussion: (45´)

SESSION VI. ACTION LINKED PROJECTS IN SLEEP APNEA
11'15-13'00 Chairman: J.F.Masa (5´)
Speaker: J.Teran Determinants of road accidents (25´)
D.Rodenstein Driver regulations in Europe (25´)
Discussion: (45´)

SESSION VII. COST ACTION LINKED PROJECTS IN SLEEP APNEA
13'30-13'35 F.Barbé (5´)

SATEURDAY 26

SESSION V. DOWNSTREAM EFFECTS OF OSAS
09'45-11'15 COFFEE

SESSION VI. ACTION LINKED PROJECTS IN SLEEP APNEA
11'15-13'00 Chairman: J.F.Masa (5´)
Speaker: J.Teran Determinants of road accidents (25´)
D.Rodenstein Driver regulations in Europe (25´)
Discussion: (45´)

SESSION VII. COST ACTION LINKED PROJECTS IN SLEEP APNEA
13'30-13'35 F.Barbé (5´)

Can’t attend the Forum in person? Can’t travel on these dates? Air Products has the solution

Air Products is giving you the opportunity to attend the Forum and participate via the internet, thanks to a virtual meeting that delivers the event in real-time on-line.

How do I take part in the Forum on-line?
Air Products will give you a code so you can access the Forum via an Internet-enabled PC completely free of charge.
By accessing the Forum online you can also participate in the event and interact by asking the speakers questions as if you were in the conference room itself.

How can I get an access code?
Go to www.airproductsmedical.com, click on the Forum Banner and a screen will open with a short registration form. Fill in the form. You will need to provide an e-mail address where we can send your personal access code.

Next steps
When you receive an e-mail from us with your code go to www.airproductsmedical.com From here you will find the online Forum via the access area. Enter your personal code to enjoy the event from the comfort of your own surroundings.

www.airproductsmedical.com